

UPK Daily Schedule

6:30 - 8:30 – Table Centers

8:30 - 9:00 – Morning Snack

9:00 – 9:15 - Bathroom

9:15 - 9:45 – Outside Time

9:45 - 10:00 – Morning Meeting

10:00 - 10:15 – Small Group

10:15 - 10:20 – Plan

10:20 – 11:10 – Work

11:10 – 11:15 – Review

11:15 – 11:30 – Large Group

11:30 - 11:50 – Gym

11:50 – 12:30 - Lunch

12:30 – 1:00 – Quiet Activity/ Bathroom

1:00 – 2:30 – Nap/Rest (Non-nappers play outside or in the gym)

2:30 – 2:45 – Journaling

2:45 – 3:30 – Ketchup and Pickle Time

3:30 – 4:00 – Afternoon Snack

4:00 – 4:15 – Bathroom

4:15 – 4:45 – Outside

4:45 – 6:00 – Table Centers

*Times are subject to change based on weather and children's interests

UPK Daily Schedule

Centers – Math, Science, Art, and Language activities set up at different tables

Morning Meeting – The class meets in a large group and talks about the day of the week and month. We also talk about the weather, attendance and any new items in the classroom. We do our show and tell during this time as well.

Small Group Time - Children are split up in two different groups. Each group has a different educational activity that follows the High Scope Curriculum and follows multiple key developmental indicators.

Planning Time- Children must make a plan as to what and where they want to do during work time. Children may change their plan throughout work time.

Work Time- This is structured free play time, all areas in the classroom are open.

Recall – Child must meet back in their small groups and tell their group what and where they played during work time.

Large Group Time – The class meets in a large group and we do an activity. Children are encouraged to actively participate. The activity may be storytelling, a movement activity, a cooperative game or a project.

Journaling - Children are given a topic to “Write” about. Children are encouraged to write or draw pictures of the topic.

Ketchup and Pickle Time – Children may catch up on an activity they were working on earlier in the day or they may pick a quiet activity to work on at a table

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